

REBECCAJPAGE.COM

RAISING YOUR MONEY MAXIMUM

MONEY ZONE CLUB
Unleash your inner Millionaire

MONTH 1

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RAISING YOUR MONEY MAXIMUM

Many people find that their income stays within certain boundaries... an approximate minimum and an approximate maximum each month. Sometimes your income might go up or down, but it rarely goes above whatever your maximum is.

To earn more (and to earn more consistently), you need to identify whatever is holding your maximum at the level it is. This topic explores that and releases resistances, blockages and beliefs so that you can raise your minimums and maximums.

TIP - You can do the same questions, releases and allowing to release your minimum and move it up as well! That way you have higher low months (as well as higher high months).

HOW TO

STEP 1

QUESTION

Ask your sway questions. Use the ones given, and also ask any others that pop to mind. Allow your body to sway forward for yes, and back for no.

STEP 2

CHECK

Once you find resistance, ask "Can I release this now?". If you get a no, ask other questions to find areas you can release. If you get a yes, release.

STEP 3

RELEASE

Follow the release statements given, or use your own if other words come to mind.

REPEAT 3x *"I am ready to release [what you are releasing].
I release it now. I release it now. I release it now"*

STEP 4

CONFIRM

Ask "Have I released this now?". If no, go back to question/check/release. If yes, move forward to align.

STEP 5

ALLOW

Use the allowing statements given, or use your own if other words come to mind.

REPEAT 3x *"I am ready to allow [what you are allowing].
I allow it now. I allow it now. I allow it now"*

WEEK 1

DATE _____

COMPLETED MEDITATION (in members area)

| QUESTION | RELEASE | ALLOW |
|---|---|--|
| <input type="checkbox"/> Do I have any resistance to making more money? | I am ready to release any and all resistance to making more money. | I am ready to align to and allow making more money. |
| <input type="checkbox"/> Do I have any resistance to receiving more money? | I am ready to release any and all resistance to receiving more money. | I am ready to align to and allow receiving more money. |
| <input type="checkbox"/> Do I have an energetic maximum for how much money I can earn/allow/receive? | I am ready to release any and all beliefs in an energetic maximum for how much money I can earn/allow/receive. | I am ready to align to and allow surpassing my perceived energetic maximum for money I can earn/allow/receive. |
| <input type="checkbox"/> Is my energetic maximum for how much money I can earn/allow/receive [insert your average monthly income here]? | I am ready to release any and all limitations that set my energetic maximum for money at [insert your average monthly income here]. | I am ready to align to and allow surpassing my [insert your average monthly income here] income level. |
| <input type="checkbox"/> Do I believe there is a limit to how much money I can earn in a month? | I am ready to release any and all beliefs in a limit to how much money I can earn in a month. | I am ready to align to and allow the possibility of no limits to my monthly earnings. |

WEEK 2

DATE _____

COMPLETED MEDITATION (in members area)

QUESTION

RELEASE

ALLOW

| | | | |
|--------------------------|---|--|---|
| <input type="checkbox"/> | Am I convinced that increasing my income is achievable for me? | I am ready to release any and all doubts that increasing my income is achievable for me. | I am ready to align to and allow the belief that increasing my income is achievable for me. |
| <input type="checkbox"/> | Do I hold any beliefs that there's a ceiling to my financial growth? | I am ready to release any and all beliefs that there's a ceiling to my financial growth. | I am ready to align to and allow the belief that there is no ceiling to my financial growth. |
| <input type="checkbox"/> | Is there a part of me that doubts my ability to surpass my current highest-earning month? | I am ready to release any and all parts of me that doubt my ability to surpass my current highest-earning month. | I am ready to align to and allow the confidence to surpass my current highest-earning month. |
| <input type="checkbox"/> | Have I accepted a specific figure as the most I can earn, regardless of efforts to exceed it? | I am ready to release any and all acceptance of a specific figure as the most I can earn. | I am ready to align to and allow exceeding any specific figure I have accepted as my maximum earning. |
| <input type="checkbox"/> | Am I energetically open to the idea of doubling my current income? | I am ready to release any and all resistance to the idea of doubling my current income. | I am ready to align to and allow doubling my current income. |

WEEK 3

DATE _____

COMPLETED MEDITATION (in members area)

| QUESTION | RELEASE | ALLOW |
|--|--|--|
| <input type="checkbox"/> Am I energetically open to the idea of more than doubling my current income? | I am ready to release any and all resistance to the idea of more than doubling my current income. | I am ready to align to and allow more than doubling my current income. |
| <input type="checkbox"/> Do I feel deserving of earning more than my family or peers have traditionally earned? | I am ready to release any and all feelings of undeservingness of earning more than my family or peers have traditionally earned. | I am ready to align to and allow earning more than my family or peers have traditionally earned. |
| <input type="checkbox"/> Do I subconsciously set limits on my earnings based on my current qualifications or skills? | I am ready to release any and all subconscious limits on my earnings based on my current qualifications or skills. | I am ready to align to and allow breaking free from limits set by my current qualifications or skills. |
| <input type="checkbox"/> Have I energetically aligned myself with a specific income bracket, making it difficult to envision earning more? | I am ready to release any and all alignments with a specific income bracket that make it difficult to envision earning more. | I am ready to align to and allow moving beyond my current income bracket. |
| <input type="checkbox"/> Do I carry doubts about the value I provide being worthy of higher compensation? | I am ready to release any and all doubts about the value I provide being worthy of higher compensation. | I am ready to align to and allow valuing the compensation I receive as worthy of my contributions. |

WEEK 4

DATE _____

COMPLETED MEDITATION (in members area)

| QUESTION | RELEASE | ALLOW |
|--|--|--|
| <input type="checkbox"/> Do I fear that my lifestyle or work-life balance must suffer for me to earn more? | I am ready to release any and all fears that my lifestyle or work-life balance must suffer for me to earn more. | I am ready to align to and allow earning more without sacrificing my lifestyle or work-life balance. |
| <input type="checkbox"/> Do I believe that significant increases in income are only for others and not for me? | I am ready to release any and all beliefs that significant increases in income are only for others and not for me. | I am ready to align to and allow the belief that significant increases in income are possible for me. |
| <input type="checkbox"/> Do I subconsciously avoid actions that could lead to higher earnings due to fear of failure or success? | I am ready to release any and all subconscious actions that avoid higher earnings due to fear of failure or success. | I am ready to align to and allow taking actions that could lead to higher earnings without fear of failure or success. |
| <input type="checkbox"/> Is there a part of me that feels unworthy of earning more than a certain amount? | I am ready to release any and all feelings of unworthiness of earning more than a certain amount. | I am ready to align to and allow feeling worthy of earning more than a certain amount. |
| <input type="checkbox"/> Am I energetically closed off to opportunities and ideas that could drastically increase my income? | I am ready to release any and all energetic closures to opportunities and ideas that could drastically increase my income. | I am ready to align to and allow being open to opportunities and ideas that could drastically increase my income. |